

# Sir Eric Woodward School Newsletter

Term 3 2021

Week 10

15<sup>th</sup> September 2021



*New outdoor furniture in the Ngalawa Playground*

## **Principal's message**

That is a wrap!!! We made it to the end of Term 3. I don't think any of us expected to be still learning from home. The very good news is that there is an end in sight. Details about the staged return to face to face learning at SEWS will be available shortly.

## **Kiwanis Terrific Kids awards**

Congratulations to Ryan and Tilly who are the Terrific Kids Award winners for Term 3. A big thank you to Kiwanis for their ongoing support of our school.

## **Semester 2 school reports**

All student reports will be modified in Semester 2 because of the impact of COVID-19. The Minister for Education has just approved this change to recognise the extended period of time spent learning from home.

## **New outdoor furniture**

Just in case you missed our Facebook update make sure you check out the picture of our new outdoor furniture. This will be a great addition to our flexible learning spaces and support teaching and learning outside.

## **Class highlights**

I always enjoy any chance I get to join our classes as they learn. I have been so impressed with the commitment of our students to their learning from home program. What safe, respectful learners we have at SEWS. My favourite interactions have been Ziggy question time with Class 1, Book Week Celebrations with our visiting author and Class 5 and Social Club with DESU. I have also loved checking in on your Seesaw posts to see what amazing work you are all completing. Keep up the fabulous work!!

## School counsellor parent Zoom sessions

The current pandemic has had a significant impact on all of us and has been especially disruptive to the social, emotional and educational lives of children. These disruptions have made it harder for many to focus on their schoolwork, manage stress, connect with their peers and families, and experience a general sense of wellbeing. Psychologists often talk about the ability to self-regulate as a key skill in helping children build resilience to the world around them. One helpful strategy, which many parenting programs are centred around, is emotion coaching.

Join our school counsellor, Emmy Druce, for an introductory chat about emotion coaching and what to do when your child 'flips their lid'.

A Zoom invitation will be sent to all families early in Term 4.

**Face to Face – Wednesday 13 October at 11am**

**DESU – Tuesday 19 October – time TBA**

## Term 4 return and holiday time

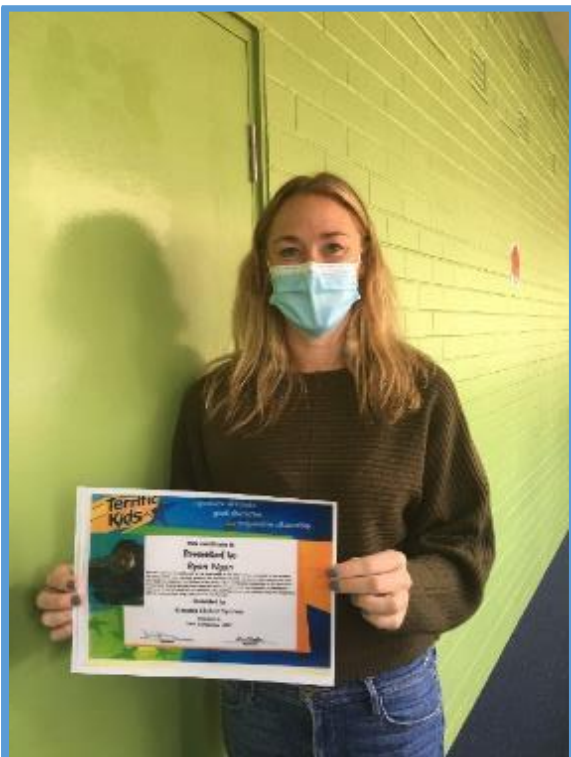
School resumes on Tuesday 5 October 2021.

**Our School is learning from home. Parents and carers must keep students at home.**

As mentioned previously in the media, we will be returning gradually to help keep all our students and staff safe. We cannot wait to have everyone back with us. Hang in there a bit longer.

I would like to wish you all a safe and restful holiday. As the restrictions begin to ease, I hope you are able to catch up (outside) with some of those people you have been missing.

**Sian**



*Congratulations Ryan – TERRIFIC KIDS award winner Term 3*

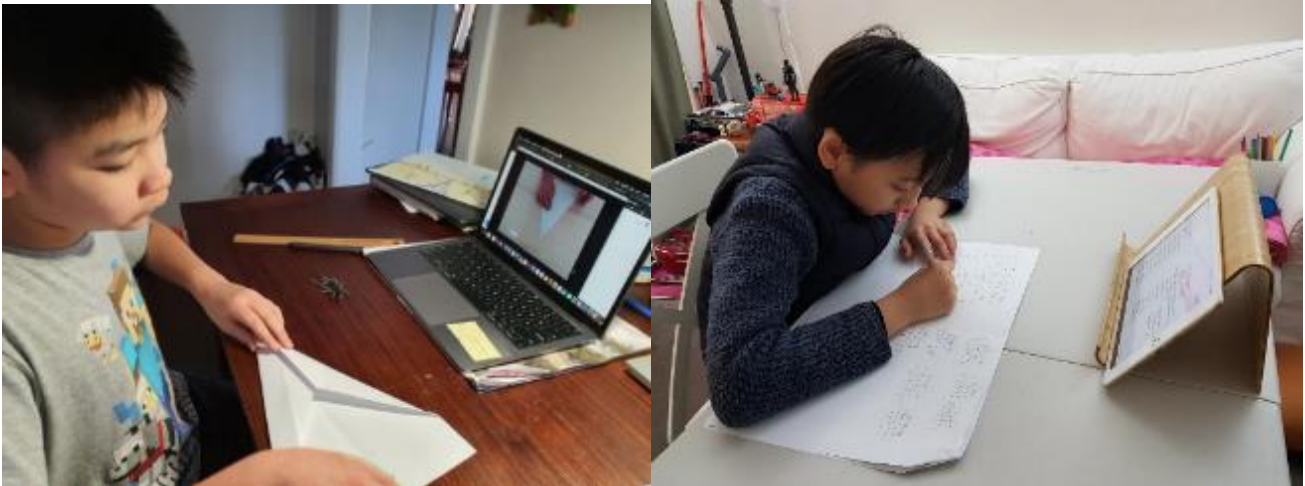


*Congratulations Tilly – TERRIFIC KIDS award winner Term 3*

## Deputy Principal's message

### Learning from home activities and highlights

I have seen some fantastic examples of deep engagement and learning during this past term and I would like to pay tribute to all staff and families who have been supporting our students throughout this difficult period. Here are a few images from Class 4's recent virtual history excursion that was of note.



*Students completing their schoolwork*

### Weekly story time

This is one activity I have seen our students really enjoy during this past term. It has been fantastic to see such high levels of engagement from families in these really entertaining weekly readings on Zoom. Great work team!

### SEWS hall update

Despite lock down and ongoing restrictions we continue to work closely with State Infrastructure NSW and the hall project's designated architect to support concept design and site preparation for this game changing resource and facility. We look forward to being able to share more with you as this project continues.

### Return of annual DESU student review summary forms

Thank you to those families who have signed and returned the annual Student Review summary form documentation. If you have not as yet, we would really appreciate it being returned as soon as possible either via scan email to the school's email address or via the '*reply paid*' post provided.

Lastly, I would like to wish everyone a safe and restful break and look forward to seeing you in Term 4, 2021.

**Patrick Price**



**Wishing all students born in August & September a very Happy Birthday**

Happy birthday to Toby, Alfie, Eve, Georgia, Blake, Katana, Gareth, Jayden, Ben & Jacob



## **Important dates**

### **Term 4 2021**

Tuesday 5 October 2021 – school resumes, students learning from home

Wednesday 13 October 2021 – Face to Face parent/carer sessions with Emmy Druce

Tuesday 19 October 2021 – DESU parent/carer sessions with Emmy Druce

Tuesday 23 November 2021 – Year 12 farewell, time TBA

Friday 3 December 2021 – Sir Eric Woodward School Presentation Day

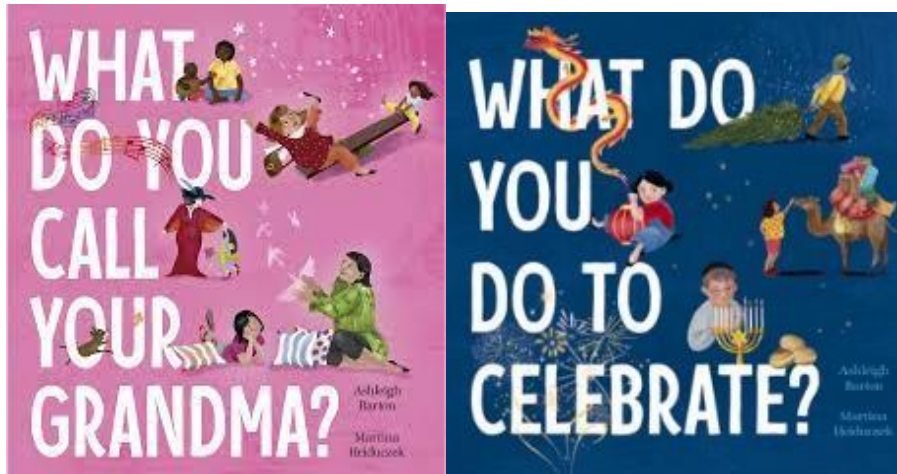
Thursday 9 December 2021 – Year 6 farewell, time TBA

## Author visit – Ashleigh Barton

During Book Week, SEWS was fortunate to have the Sydney based children's author, Ashleigh Barton, share her stories with our students via video conference.

In engaging and interactive sessions, some classes enjoyed *What Do You Call Your Grandpa?* while others listened to *What Do You Call Your Grandma?* The DESU students invited Ashleigh to read at their weekly Social Club, where post-story discussion was lively and rewarding for all involved. Classes 1 and 4 had the opportunity to ask Ashleigh a range of interesting questions around her book *What Do You Do To Celebrate?*, gaining insight into the writing process.

Ashleigh's discussions with the different groups were stimulating and thought provoking, leaving students and teachers with inspiration and insights into books, reading and writing.



## Music news

What a term we have had! I would like to say a big congratulations to all our students for working so well.

This term we have seen the addition of a new music session on Wednesday. This has been a whole school weekly event where students have the opportunity to join in online and play along to happy feel-good music. Students have been learning rhythms during the term and they are then used to play along with the music. I have really enjoyed putting together the music for these sessions each week and I hope you have all enjoyed the music as much as I have.

In music, students have been working extremely hard in their lessons. Angus has been learning recorder, Summer has been demonstrating some excellent music skills by playing the claves and whistling at the same time, and also playing the harmonica. Jacob has been learning about various bands and artists such as Maroon 5 and Briggs.

In Social Club this term, we have had some great interactions between students and teachers, and some new students who are now joining us weekly as well. We have discussed things such as favourite television shows and films and spent one session listening to the music from our favourite films. For Education Week students shared what they had been working on in their schoolwork. We also had a fantastic session for Book Week where we had a visit by author Ashleigh Barton who read *What Do You Call Your Grandpa?* Students asked some fabulous questions and had lots to say about the book and names they say to call their grandpa. We have also been lucky to have had some musical performances too.

It has been a great term. I hope everyone has a well-deserved break over the holidays. Stay safe and I look forward to seeing you all next term.

**Kiri**

## Ziggy's news

Ziggy has been continuing his training and learning from home with Mrs Norrish and her family.

He has also been coming to school for the last few weeks of term. During this time, he has continued his training with Mrs Williams as well as joining in on some class Zoom meetings and DESU Social Club meetings.

Ziggy thought that you would like to see a few pictures from his album.

We all hope that you have a wonderful holiday and that we can look forward to meeting up again some time next term.

### Mrs Norrish, Mrs Williams and Ziggy



*Ziggy as a puppy*



*Ziggy looking out to sea*



*Ziggy's parents Musket, his father (top) and Taboo, his mother (bottom)*

## Min's class news

It has been a bit of an unsettled term, but I am so proud of how my students have handled the changes to their everyday life.

Ned has been really focused during his weekly speech sessions with Brooke, the school speech pathologist, this term. He has been learning signs and practising sentences that he can use whilst working on the farm or when out in the community, which is resulting in much clearer speech. He also entertained us last week with his fantastic Derek Zoolander impression. Keep up the great work Ned!

This term, Isabel has been participating in the weekly rehearsals for the Beat Treats band and has been experimenting with a variety of instruments such as the maracas and keyboard. However, she has now moved to making music independently with her eyes with wonderful success. Now Isabel can participate in making music with a variety of different recorded musical instrument sounds without any assistance.

Kye has also been expressing himself musically this term. He has recently joined the weekly Beat Treats band rehearsals, where he has been displaying his talent at playing the triangle. He loves seeing his DESU friends and listening to songs from the band, One Direction.

Summer has been working hard at using all her five senses to help with her spatial awareness and navigation. Unfortunately, her visits to the main street of town to practise have been limited this term so she has been navigating and investigating her back garden in detail instead. Summer used her sense of hearing to tell me that the sheets were flapping and shaking in the wind on the washing line.

Have a safe holiday and I look forward to hearing all about your adventures next term.

## Min



*Isabel participating in the Beat Treats band rehearsal with her eye gaze system*



*Ned signing the word 'grow' during his weekly speech session with Brooke*



*Kye playing his triangle for the Beat Treats band*



*Summer using her senses in her back garden*

## Class 3 news

As you can see from Class 3's work samples, students have been engaged in a variety of activities whilst learning at home. We'd like to take this opportunity to thank parents for their efforts in supporting student learning as the lockdown continued for the entire term.



### SOCKS by Iya-Rose

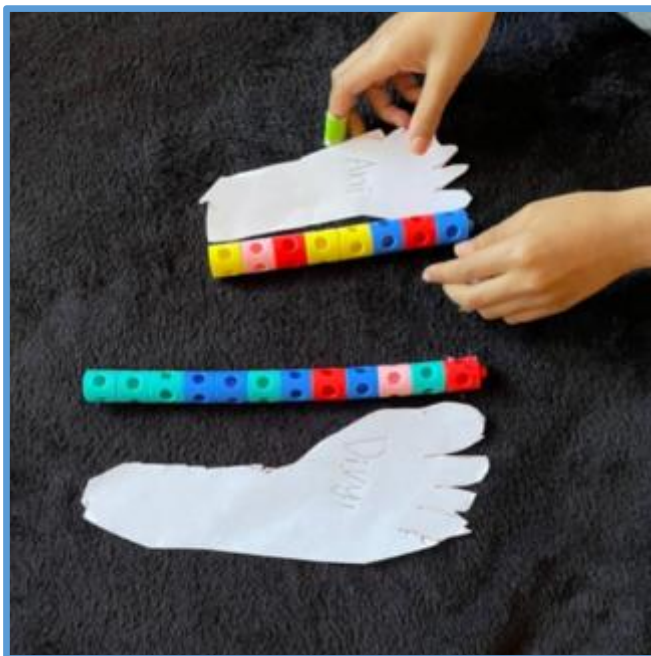
Socks are soft and fluffy like snow.

Socks sound silent and sneaky like a fox.

Socks look smooth and dotty like a ladybug.

Socks smell dirty and smelly like a bin.

Socks taste disgusting and sweaty like armpits.



Ani compared the length of his and mum's feet



Sher counted money for pizza

During Book Week we all enjoyed meeting Ashleigh Barton, listening as she read and talking with her about her book *What Do You Call Your Grandma?* It prompted discussion and reflection on our grandparents. Students sent their grandma a drawing and note, sharing their favourite activities. During Book Week we also dressed up in masks to illustrate our favourite book characters.





*Gareth's favourite book is Piranhas Don't Eat Bananas*

Enjoy the holidays Class 3! We are looking forward to our return to school later in October, all going well.

**Ms Lee and Mrs B**



## Class 6 news

Term 3 has been a huge change for our face-to-face students, but we are so proud of how Class 6 have shifted gears and adapted to learning from home. We have continued our planned unit of work on Investigating Asia remotely and there have been many incidental learning opportunities that families have embraced.

Yash has been on 'bike bootcamp' and is making terrific progress with his riding. Thanks to many staff throughout each week, he is moving towards independence in getting on and off the bike and is starting to pedal. He's getting his muscles ready for when he can be back in the pool to continue his swimming progress!

Georgia has been highly engaged all term while maintaining her sunny attitude. Georgia, her family and carers have learned lots about life in a variety of Asian countries and she has stayed busy with physio, OT and mastering her eye gaze device. She loved listening to our novel *Charlie and the Chocolate Factory* and has now moved on to *The Miraculous Journey of Edward Tulane*. She is an avid listener of stories and easily achieved the Premier's Reading Challenge earlier this month – we had to select what to enter from the extensive list of books she has read! Georgia has also been baking brownies, visiting her neighbour's horses, getting out into the beautiful spring weather and spending quality time with her lovely dog, Lucky.

Daniella has been extremely busy this term with her mum leading her learning. She has been drawing, colouring, doing maths activities and writing her name and loves her new workspace that has been set up. She equally loves working on the whiteboard easel in the garden. She has been a great helper around the house and has been helping with making meals and spring-cleaning jobs. Ella has been enjoying our regular calls where she can show her work from the week, listen to a story, and remember our Key Word Sign for the colour of the week. Her lovely chooks make a regular appearance, and we count the eggs together when they have laid. Her dog, Marley, and two cats also join the chat regularly and we have read a range of stories about dogs such as *Hairy Maclary*, *Harry the Dirty Dog* and *The Best Dog in the World*.

Wishing all of Class 6 a happy holiday, and we look forward to seeing your smiling faces on Zoom in Term 4.

### Miriam, Sandy & Kelly



Georgia and Kahlua the horse



Georgia just adores Lucky her beautiful dog



*Ella enjoying her new workspace*



*IT'S PINK WEEK!*

## **Emma's class news**

Jacob has been working well this term. He has been learning how to use his new communication device Proloquo2go and continues to use it more often in everyday life. Jacob has also been developing his independence by making a variety of sandwiches for lunch and is working towards helping prepare meals for dinner. He has been completing some personal care activities with independence. Jacob has also been developing his life skills by helping his support workers complete chores in the home.

This term Raymond has continued working on developing his communication skills using a combination of choice boards and visuals. As the term comes to an end Raymond will be moving from DESU to post school services and we wish him well with his transition.

## **Emma**

## Deborah's class news

Happy birthday to Georgia who celebrated her 18<sup>th</sup> birthday last week! Georgia enjoyed celebrating with a special cake and a family party at home.

Tilly was very engaged when listening to author Ashleigh Barton reading her book *What Do You Call Your Grandpa?* in Social Club recently. Tilly has been developing her independent living skills by blending berries to serve with chia and porridge for breakfast.

Ramona continues to develop her living skills by carrying the laundry basket indoors after taking washing off the clothesline. Ramona is independently holding a pencil to copy a circle when demonstrated by her tutor.

Jeremiah has been developing his gross motor skills by spending increased time in his standing frame. He is also enjoying outdoor activities in the warmer spring weather, such as walks with his tutor and painting.

Wishing my students and their families a safe and relaxing school holiday, with more opportunities to access their communities next term.

### Deborah



*Ramona bringing in the laundry*



*Jeremiah painting*



*Georgia on her 18<sup>th</sup> birthday*



*Tilly attending the author reading on Zoom*

## Jo's class news

Two of my students have September birthdays and I wish them both a very happy birthday! Eve turned 16 at the beginning of the month and she had a very special day celebrating at home with her family and she received many video calls from extended family members. Eve giggled and laughed throughout the day and coped quite well during her many video calls.

Jayden celebrates his 17<sup>th</sup> birthday at the end of the term, and I am looking forward to hearing all about his special day. During Book Week Jayden dressed up as one of his favourite characters from *The Wiggles* and proudly displayed his book and outfit for a photo that he requested be shared with his teacher.

Suzy has continued to engage in many activities based on her space unit and when it came to Book Week, she had the perfect costume. She dressed up as the character, Sam, from the book *The Café on Callisto* by Jackie French that she has been enjoying reading with her mum.

Harry has been very inventive this term as he created a mathematics card game which incorporates dollar notes and coins to develop his money recognition skills. His game is based on a memory game format where the team player can win different amounts of money.

## Jo



Suzy dressed as Sam from *The Café on Callisto*



Jayden dressed up for Book Week!



Happy 16<sup>th</sup> birthday Eve!

## Charlotte's class news

Moustafa is continuing to excel, seeing his progress via Seesaw has been so helpful to know when the activities are at the right level and when it is time to move him on. He is fabulous at recognising patterns and sorting items into different categories. He has made some amazing progress this year.

Dominic has been planning for his post-school life. Next year he will be focusing on building his independence in the community and experiencing working life in the family bakery. He will be putting his excellent mathematical skills to the test by counting the takings from the till.

Ethan has been assisting at home with baking giant cookies, see below for a photo. After some experimentation with M&Ms he settled on chocolate chip as being the best recipe. He reads the recipe and helps to gather all the equipment. Ethan also proudly sent me a photo of his Avengers Infinity Gauntlet that he saved up for. He gave me a very detailed explanation of how it works and fits into the Avengers storyline.

Nikolina has been experiencing the joys of sensory stories. She is just wrapping up a double header of ABBA Mama Mia stories and then will be moving onto sensory stories from around the world. What a great way to travel from your living room!

## Charlotte



*Moustafa's success in a sorting activity*



*Ethan's giant cookie*

## Karen's class news

This term has been unsettling and has not been an easy term for anyone. My students have shown their resilience and positive attitude to learning during this time by engaging in their schoolwork and activities around the home.

Jake has spent the time during lockdown working on his independent living skills. He has been helping with daily chores and has enjoyed spending time in the kitchen. He can be seen making pancakes in the photo below.

Nate has had some major changes in his life recently, but he has taken it all in his stride, demonstrating the growth in his emotional regulation and resilience. He continues to engage in his schoolwork with enthusiasm and is making great progress in his independent living skills.

Jules has been fortunate enough to still engage in some of her community access and has been enjoying 'chilling out' with some of the friends she has made. She reached a major milestone in her TAFE studies with all her theoretical assessments submitted. By doing so she has fulfilled the NESA requirements for the Certificate II in Animal Studies at the HSC level. If she can complete her practical assessments once out of lockdown then she will attain the course at TAFE level. Congratulations Jules for all you have achieved so far.

Birthday wishes go out to Katana who turned 18 on Sunday. Unfortunately, she was not able to have a big family celebration, but she did enjoy relaxing with her Nan and watching cartoons.

## Karen



*Jake making pancakes*



*Birthday wishes for Katana's 18<sup>th</sup> birthday*

## Melissa's class news

This term has gone by so quickly and all my class have worked hard to complete their sets to a high standard. My students and their families are looking forward to the school holiday break and it is most certainly well-deserved.

Toby is powering through TVET course. He is well and truly heading towards the finishing line with only 3 units to complete to complete his Certificate II in Horticulture. Currently Toby is working diligently on topsoil, subsoil and pH analysis.

Alicia has continued virtually exploring Australia. This set she and her tutor are in the ACT exploring the spectacular flowers of Floriade, Australian War Memorial for Remembrance Day, the Royal Australian Mint and the National Zoo and Aquarium.

Ethan still loves learning about the evolution of animals and spends many hours doing his own research, however he may very well have a new favourite topic. Ethan has spent so many hours practising his maths skills on Mathletics he has been awarded the silver certificate. In addition to this he is so interested in the *Real or Fake* worksheets that he can't rest until he has completed them all for the set.

Angus is an avid reader and spends many hours of his free time reading current event articles. He is particularly interested in general interest stories as well as politics both in Australia and overseas. His tutor and support worker were very impressed when he explained to them about impeachment in US politics.

It is a pleasure to have Kevin in our class and he has made an amazing start at Sir Eric Woodward School. Through the family and support workers sending me videos on Seesaw I can see how far he has already progressed this term. Kevin has already mastered the puzzle for this set so I will have to start looking for more difficult ones!

## Melissa



*Soil analysis looks interesting!*



*Learning together!*



## Sharon's class news

This term has once again been a very busy one and I am so proud of my students. I have been excited to see work samples uploaded to Seesaw, in email, on Zoom and Microsoft Teams online lessons as well as by post, demonstrating their engagement and motivation, as they work towards meeting their Personal Learning Plan goals.

Roki is working towards activating his switch which is linked to a singing crocodile. He has enjoyed having his sisters home and joining in with their lessons. Together they have been designing artwork, planting vegies in the garden and being creative during role play.

Leah has been mastering her skills activating movement on the iPad screen, what a joy it is to see the progress she continues to make. I have continued to be impressed with Leah's strength as she attempts to be more mobile. It has also been marvellous to hear that Leah is enjoying imitating her communication partner's sounds with 'mmmm' and 'bbbbbb' being favourites. Leah is very much enjoying weekly Zoom lessons with Kiri. She is intrigued by seeing the smiling faces of her school friends on the screen and happily shakes her maracas to the music.

Tyson is a superstar moving between Microsoft Teams and Zoom lessons weekly. I am enjoying our conversations and the learning we are doing together. Tyson is awesome at playing Hangman using the online whiteboard, his clues can be somewhat challenging.

Chris has needed to learn to adapt to the restrictions which were suddenly placed on him in his small town. Chris coped so well learning to wear a mask when he was out and about and has developed a good understanding that he needs to stay home. As a result of being at home Chris was on such a roll that he was running out of schoolwork.

Wishing everyone a lovely break and I look forward to welcoming a new student in our class next term, Thomas.

## Sharon



*Leah was a star reader during Book Week*



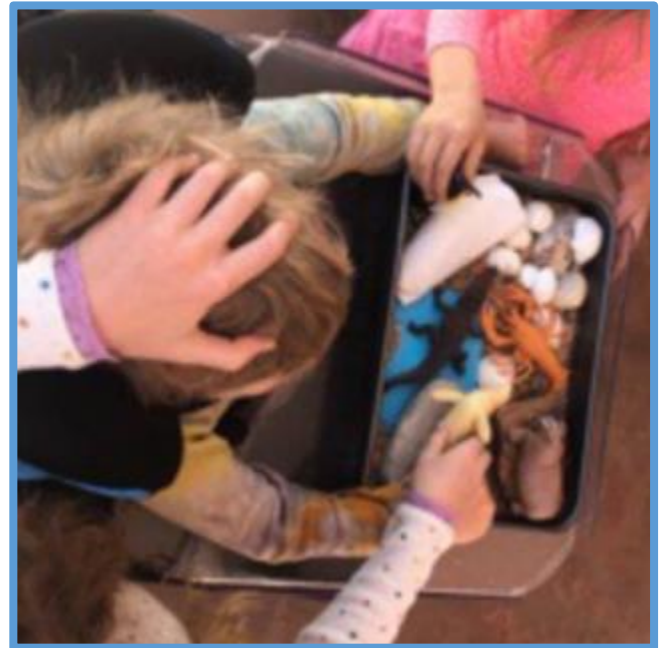
*Leah shakes maracas*



*Tyson playing noughts and crosses during his online lesson*



*Chris has an organised workspace*



*Roki engaged in under the sea sensory tub theme learning*



*Leah has enjoyed listening to the sound of the Kalimba being played*



*Well done Tyson for receiving Principal's Award for developing conversational skills*

## Nicole's class news

I would like to congratulate all my students and their tutors for all their hard work and dedication to their programs this term.

All my students have been embracing a range of online learning opportunities this semester. They have been accessing and completing some of their school program using ClickView, Seesaw, Studyladder, Mathletics and the Sora app.

Blake has recently started watching the series *My Place* on Clickview, while Jacob has been watching documentaries about the ocean and sea life on ClickView.

The introduction of a digital library at our school this year through the Sora app has meant that our students can engage with a range of digital e-books and audio books. Along with many other students in Years K to 10 at SEWS, Mayiar and Blake have both successfully completed the Premier's Reading Challenge for 2021.

Along with using Studyladder, Blake has been using Seesaw to practise his maths skills this term and now has great confidence navigating the sites and completing the activities on it.

Jacob has been using a typing program to practise his touch-typing skills. He has also worked brilliantly in the Zoom sessions and is an expert at the *Guess the Sound* game he has been playing with his teacher during Zoom lessons.

I wish all my students, tutors and their families a restful, safe and happy holiday.

## Nicole



*Jacob uses a touch-typing program to develop his typing skills*



*Blake has been practising his money skills on Seesaw*

## Jon's class news

Despite the hardships of Term 3, I commend all students of Class 11 for their continued hard work, commitment to their studies and positive attitude.

Nadine is about to start her last term of school before graduating. She has been committed to learning the life and work skills which will support her next year. Nadine's ability to identify Australian currency has improved and this will help her be more independent when selling goods at her local market.

Although Ben has had a busier household since the lockdown commenced, he has continued to create some fantastic work. He has written very thoughtful passages in his Indigenous Australian studies when responding to the book *The Rabbits* by John Marsden and Shaun Tan.

Izack has been committed to and improved in all areas of his study this term. He is passionate about joining the work force and is currently investigating options to improve his work skills for future employment in his local area. It is great to see how far Izack has come this year, well done Izack!

Next stop for Aidan is definitely not NSW. After visiting Central Australia, he has spent the last few weeks discovering the top end of Queensland. Aidan's life skills have improved significantly this term; he has been helping to clean the van, wash the dishes and unpack groceries. Aidan has also taken care of his physical health with numerous bushwalks and regular swims in beautiful Australian beaches over the past six months.

### Jon



*Is it a bird, is it a plane, no it's Aidan!*



*Aidan learns how the locals live*



*Aidan at the Jumping Crocodile Cruise*



*Aidan at Crocodylus Park NT*

## Class 5 news

Over the past few weeks Class 5 have continued to enjoy learning from home and spending extra time with their family. This time at home has allowed Quinn, Ariel, Emily and Alfie to enjoy participating and learning alongside their siblings, experiencing different activities, stories and having lots of fun together. Our activities over the past few weeks have had an emphasis on taking time to relax and looking after our bodies and minds.

Class 5 have focussed on their unit of 'Water in our World'. Emily and Alfie explored whether household items float or sink. They found that a pencil can float, however a coin, crayon and rock sink quickly to the bottom of a container. Emily and Alfie also conducted an experiment where they were asked to listen and feel the water passing through different household items such as a colander and tea strainer. They then used these results to sort them into different categories.

Quinn, Emily, Alfie and Ariel have continued to enjoy joining in on all the different Zoom lessons that are offered each week. Class 5 have loved the stories, songs and stretching sessions put on by Clare, Christine and Kiri. We want to say a big thank you to all the teachers who have been running them this term.

### Georgina & Tanya



Alfie making his own music by clapping and clicking



Emily laying down enjoying reading a book



Alfie's results from his experiments

Objects Used	Sink?	Float?
 Pencil		✓
 Rock	✓	
 Coin	✓	
 Crayon	✓	

Emily's results from her water experiment

## Sarah's class news

This week Archer started using Seesaw to submit some learning activities. Seesaw is an excellent teaching and learning tool, it has a variety of uses and allows students to get immediate feedback. Archer has been completing a series of mathematics activities using money, making the amounts with the coins, and then counting and adding them up with great success. It is great to see you uploading your work to Seesaw. Well done Archer!

Andrew has been doing some excellent work, with a change in his learning environment, he should be very proud of himself. In Food Technology Life Skills, Andrew is learning about safe food storing practices and is able to identify the correct temperatures to store food at safely. He has also been working hard, learning his spelling words each week. This week Andrew got 9/10 on his spelling test. A fantastic result.

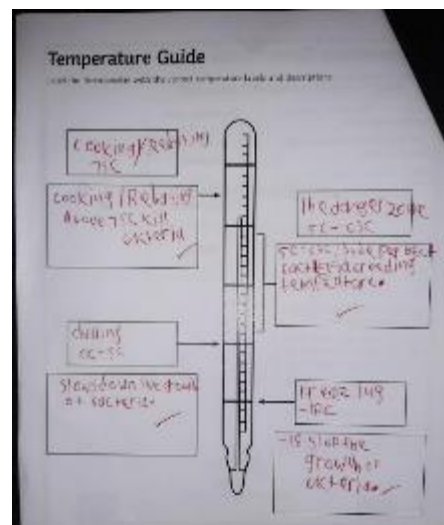
## Sarah



Archer writing his answers in his work booklet, as he makes and counts different amounts of money

Spelling words	Monday	Tuesday	Wednesday	Thursday
down ✓	down ✓	down ✓	down ✓	down
stern ✓	stern ✓	stern ✓	stern ✓	stern
gold ✓	gold ✓	gold ✓	gold ✓	gold
aint ✓	aint ✓	aint ✓	aint ✓	aint
erodd ✓	erodd ✓	erodd ✓	erodd ✓	erodd
spend ✓	spend ✓	spend ✓	spend ✓	spend
cheer ✓	cheer ✓	cheer ✓	cheer ✓	cheer
study ✓	study ✓	study ✓	study ✓	study
narrow ✓	narrow ✓	narrow ✓	narrow ✓	narrow
window ✓	window ✓	window ✓	window ✓	window

Andrew received 9/10 for his spelling words this week. Well done, Andrew



Andrew knows what temperature food needs to be stored at safely

## Carolyn's class news

This term Azra, Alex and Corey have continued to demonstrate their engagement in learning activities and to make progress with their personal goals. I appreciate the positivity and flexibility shown by both students and tutors as we all adapted to changing circumstances.

Azra has embraced the warmer weather, which means more time in the backyard. The change of season was reflected in her yellow-themed craft activities, and Azra created a cute paper plate minion, selected textured materials to make a sun collage, and used a lemon half to stamp with paint. She is progressing very well with her new goal of drinking from a cup, practising bringing the cup to her lips and tipping it to take a sip of water.

It is great to hear that Alex has been exploring new types of food and drink, including couscous, polenta and coconut water. She was even happy to try a sour gecko as a special treat. Alex is enjoying family time, choosing to sit in her rocker in the living room, play picnics with her sister, or share a book with her mum. A new toothbrush has led to more success with teeth brushing, and Alex is now willing to open her mouth and put the toothbrush in by herself.

Corey's family is very lucky because Corey loves to cook! He looks through recipe magazines, selects something to make, and then participates with hands-on tasks such as stirring and kneading. He recently made scones for afternoon tea, and also treated his dad to decorated biscuits for Father's Day. This term Corey welcomed some new additions to the family – a pair of tropical fish. It will be great for him to help care for them and find out what they need to thrive.

Wishing you all safe and happy holidays!

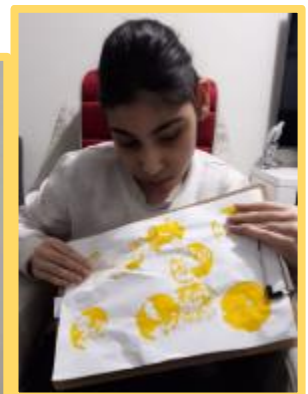
## Carolyn



*Corey helped to make scones*



*Azra created yellow-themed craft*



*Corey made Father's Day special for his dad*



*Azra enjoyed the warm weather*

## Class 4 news

Class 4 has had a very busy term even though we have been working from home for 10 whole weeks! We have been working so hard and are looking forward to the holidays!

Class 4 has continued to start their mornings with daily Zoom meetings, which have included special visitors such as Ms Teh, Mrs Foley, Mrs Campbell-Williams and Ziggy. We have done a lot of learning in our meetings, but we have also spent a lot of time doing brain-teasers, decoding messages and searching for hidden animals in optical illusions. These meetings have been very important, as they have allowed everyone to stay connected and have quality time with each other.

We have become expert scientists on the topic of solids, liquids and gases and have studied how each of these states of matter are composed and behave on a molecular level. Class 4 has also completed many scavenger hunts finding examples of these within their homes and have found very creative examples that include all three states of matter such as an air conditioning unit and a Soda Stream device. The students have continued to learn about internet safety, which is very important, especially because we are using the internet every day to learn.

Class 4 is looking forward to the holidays and the new term. Everyone misses all the other students and teachers at school and are looking forward to playing soccer with our friends at recess and lunch in the future.

### Louise & Mini



*Class 4 learning from home*



## Class 2 news

Class 2 have finished the term off as well as they started. As soon as work was assigned to Seesaw, the students eagerly tackled it, achieving excellent results.

As part of our wellbeing program, Class 2 has daily morning circle meetings, PDHPE lessons and library sessions via Zoom. The PDHPE lessons have focused on 'shapes'. They have been discovering what shapes can be made with our bodies. We can even make the first letter of our names.

Class 2 was incredibly proud of one of its members this term. A huge congratulation goes to Ryan, who was awarded the Kiwanis TERRIFIC kids award. Everyone would like to congratulate Ryan on his remarkable achievements. All Class 2 are extremely proud of him.

During Term 3, we paid a special THANKS to all our SASS team. A huge THANK YOU and HUG goes out to our special Jennie Kyles. Lyndon, along with the other students paid special tributes. Lyndon made a great video of verbalising his THANKS to our wonderful Jennie.

As Term 3 draws to a close, Jennie and I would like to thank the students of Class 2, as well as their amazing parents and siblings, for their hard work and support.

Great teamwork – now time for a well-deserved rest for all.

## Clare & Jennie



*Lyndon, thanking our wonderful Jennie for all she does*



*These photos show Ryan receiving his Kiwanis TERRIFIC kids award and Ryan with his TERRIFIC smile on his face*



*Library time for Class 2*

## Class 1 news

And just like that, we have made it to the end of Term 3! While it's been a change and a challenge, Class 1 have continuously created great work in all subject areas throughout the term.

We have been able to stay adventurous and inquisitive through our virtual excursions. We visited the Sydney Living Museum: Warurabanga, where we learnt about Gadi people and how to make string.

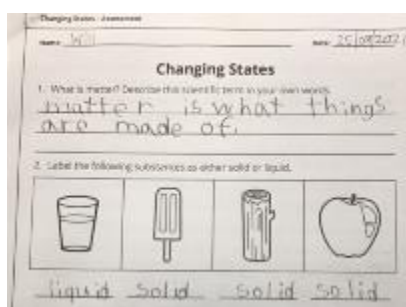
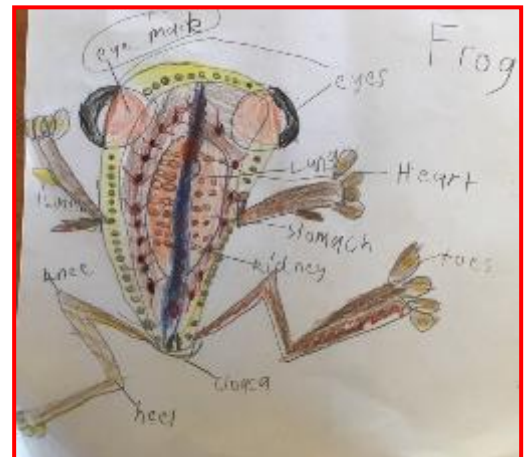
We then joined Questacon to find out more about how planes fly and had an author visit from Ashleigh Barton, author of *What Do We Do To Celebrate?* This was a great way to celebrate Book Week by engaging with an author and asking her our own questions.

While we have been on virtual excursions and had virtual visits from Ziggy and Mrs Williams, we have also been producing wonderful work in spelling, mathematics, science, art, HSIE and English.

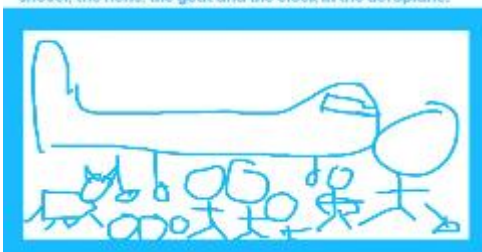
We have been engaging as a class by playing games on Zoom, dressing up in different themes and sharing stories about home learning. While we do miss being at school together, we love seeing everyone's work on Seesaw and being able to share our work virtually.

We wish everybody a happy and restful holiday!

## Ms Nina & Darcy



My picture of the three children, Moon-Face, Silky, the shovel, the hens, the goat and the clock in the aeroplane.



**This is me completing a Book Week challenge!**



Some examples of Class 1's work: Dylan's Aboriginal bark artwork, Kai's Olympic torch, Heath's Aboriginal body painting art, Will's science investigations, Xavier's Aboriginal X-Ray art, Jacob's story time drawing and Leon's Book Week challenge

## Rama's class news

The term has flown past and I would like to thank all my students and their families, for their flexibility and ongoing commitment to learning.

Freyja is learning about seasons and created beautiful artwork to demonstrate her knowledge. She enjoys observing marine life and participated in sensory art activities to improve her understanding of the ocean. Freyja can recognise musical pitches and enjoys listening to slow, calming music. Fantastic effort Freyja.

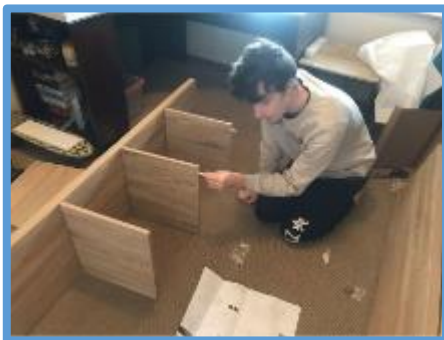
Seth is learning about life cycles and sequenced the life cycle of an apple. He is working on improving his fitness and walks every afternoon. Seth is demonstrating greater independence and knows that he must put his dirty dishes in the sink. Well done Seth.

Kayla loves watching the waves hit the shore at the beach. Expanding on her knowledge of the waves and different colours, she participated in painting a beach artwork. Kayla enjoys playing with water and shared in some family fun water play activities. She's getting a new hoist for her spa and independently chose the colour that she wanted. Fantastic effort Kayla.

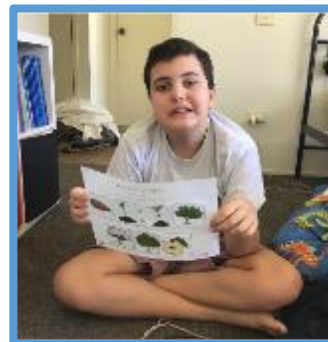
Jayden is adept at following step by step instructions and put together a flat pack bookshelf for his sister. He is very knowledgeable about wildlife and continues to develop his knowledge by researching this subject. Jayden is learning about mould on food and knows that mould is a fungi that grows on food. He is engaging with more people and increasing his awareness of non-verbal communication. In recognition of all his amazing achievements, he recently received the Principal's Award. Excellent effort Jayden.

Wishing all my students and their families a safe and happy holiday.

## Rama



*Jayden putting together a flat pack*



*Seth sequenced a lifecycle of an apple*



*Kayla painted the beach*



*Freyja learning about the ocean*



# LET'S DO THIS

## Know the facts! COVID-19 vaccines

### What is the Delta variant?

The current outbreak in NSW is due to the Delta variant of the COVID-19 virus.

The Delta variant is estimated to spread more than twice as easily as the original virus, which puts your family and friends at greater risk if you are infected. The Delta variant can also cause more severe illness:

- The risk of needing hospital care for people infected with the Delta variant is around double that of those infected with the Alpha variant.
- Compared to other variants, people infected with the Delta variant are more likely to be admitted to hospital, including to intensive care.

### What COVID-19 vaccines are available?

Three vaccines are currently approved for use in Australia: the Pfizer (Comirnaty) vaccine and the AstraZeneca (Vaxzevria) vaccine are available now. The Moderna (Spikevax) vaccine will be available soon.

### Do COVID-19 vaccines actually work?

**Yes!** Australia can rely on evidence from around the world showing that vaccines are very effective against COVID-19, including the highly contagious Delta variant.

Two doses of a vaccine:

- Reduces the chance you will be infected with COVID-19 by around 60% - 80%.
- Gives you around 90% protection against hospital admission or death from COVID-19 if you are infected.
- Significantly reduces the overall spread of COVID-19 to others.

COVID-19 is very dangerous and spreads quickly. Even if you don't have symptoms or get sick, you can still pass the virus on to others. Vaccination will protect you and help reduce the spread. Getting vaccinated also helps to protect your family, your friends and your community.

### Have COVID-19 vaccines been developed too quickly to be safe?

**No!** COVID-19 vaccines are built on decades of research, with scientists from around the world working together to ensure no scientific testing or approval steps were skipped.

All the vaccines available in Australia have been approved for use by the Therapeutic Goods Administration (TGA). The TGA checks vaccines for safety, quality, and effectiveness.

### I'm young and healthy, do I still need to get vaccinated?

**Yes!** Over half of those with COVID-19 in NSW are under 40. Many young people have been admitted to hospital and even intensive care because of COVID-19. You should get vaccinated to protect yourself, your family and friends.

COVID-19 spreads easily, and the Delta variant spreads more than twice as easily as the original virus. It can also cause more severe illness in those that get it. Vaccination will help protect you and those you love.

### Should I get vaccinated even though I could still catch or spread COVID-19?

**Yes!** COVID-19 can cause severe disease and death at any age but is particularly risky for older people and those with existing health conditions. Two doses of a COVID-19 vaccine gives you around 90% protection against hospital admission and death from COVID-19 if you are infected. It also helps reduce spread to others.

Severe COVID-19 can lead to a person needing care in hospital, and for some, intensive care is needed. If lots of people need hospital care at the same time it could put a lot of pressure on hospitals and the health system. Vaccination helps to limit the number of people with severe disease who need hospital care, helping to keep hospitals open for those who need them for other reasons.

### Are there dangerous ingredients in COVID-19 vaccines?

**No!** The TGA considers the safety, quality and effectiveness of every component in a vaccine before it is registered for use in Australia. Components in the available COVID-19 vaccines are listed on the Australian Register of Therapeutic Goods. The components vary depending on the type of vaccine but may include:

- a piece of genetic code (mRNA), or
- a very small dose of a weakened virus and a piece of genetic code (DNA), or
- a protein component of the virus
- a substance to boost the immune response (an adjuvant)
- a small amount of preservative
- sterile saltwater (saline) for injections.

None of the COVID-19 vaccines approved in Australia:

- contain egg or animal products
- can affect or interact with your DNA in any way
- contain anything that can track you
- are unsuitable for people based on religious or faith requirements.

### Does the risk of a serious side effect mean I shouldn't get vaccinated?

**No!** All the COVID-19 vaccines approved in Australia have good safety profiles and millions of doses have been given safely, protecting people from COVID-19.

All medicines have possible side effects, but the chance of a severe side effect from a COVID-19 vaccine is extremely low. Compared to the risks of getting COVID-19, the benefits of the vaccines are clear.

The protective benefits of vaccination against COVID-19 far outweigh the potential risks. It is recommended that people 12 years and over get any COVID-19 vaccine available to them as soon as possible. The Pfizer and Moderna vaccines are approved for those aged 12-17 years old, and all three vaccines are available for people aged 18+.

### Can I get a COVID-19 vaccine if I am pregnant, breastfeeding, or trying to get pregnant?

**Yes!** You can get vaccinated if you're pregnant, breastfeeding or trying for a baby. There is no scientific evidence to suggest COVID-19 vaccines affect fertility. If you are pregnant, you should get vaccinated now.

Pregnant women are particularly vulnerable to COVID-19. Vaccination reduces the risk of severe disease and helps to keep you and your unborn baby protected. The vaccine cannot give you or your baby COVID-19.

### Will I need to get a 'booster' shot?

**Maybe.** Studies are underway to better understand how long the vaccines will provide protection against COVID-19, as well as how well they protect against new variants of the virus. This evidence will help to inform whether a booster (or third dose) will be needed to maintain the best possible protection against COVID-19.

### How do I book?

Book now online - [www.nsw.gov.au](http://www.nsw.gov.au)

Call to book: 1800 57 11 55 / Telephone Interpreter Service (TIS): 131 450



## 1:1 School Holiday Support

This school holiday, we are offering 1:1 face to face support like we did in Term 2. Our 1:1 support program will be based on your child's goals and restrictions during the holidays.

Previous programs included:



- ARTS & CRAFTS
- BIKE RIDES
- COOKING
- INDOOR GAMES
- SENSORY ACTIVITIES
- AND MORE...

Sahara Services received wonderful feedback from Term 2 School Holidays regarding our 1:1 support program and both parents and Sahara staff had found 1:1 activities as per the child's interest were more constructive than a scheduled group activity. Speak to us today about how we can tailor and personalise a 1:1 School Holiday support schedule for your child.



**ENQUIRE NOW ABOUT 1:1 SCHOOL HOLIDAY SUPPORT**

For enquiries on how we can help your child this school holiday or to book your online session with us, please contact [enquiries@sahaservices.com.au](mailto:enquiries@sahaservices.com.au) or call 02 84060842



# My Health Folder

Health information Folders for Children  
with complex Health needs.



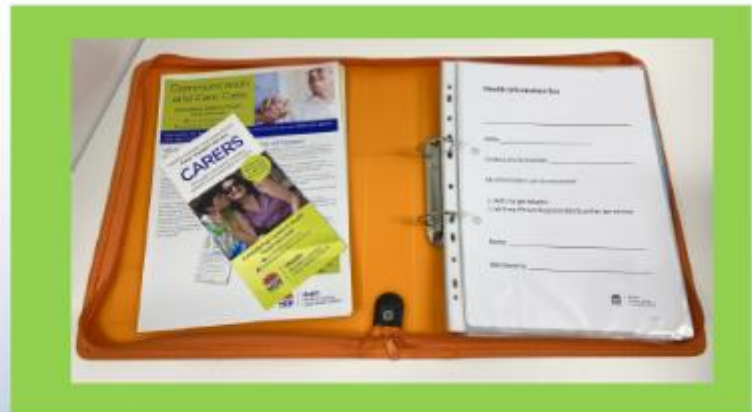
Does your child have complex health needs and see different Doctors or go to hospital? You are perhaps finding it difficult to keep all their Health information updated, together and easily accessible

NSLHD has developed a Health Information Folder to help make this process easier for you.

There is space for important details, Medical reports; personal tips and tricks to engage with your child—the **Communication and Care Cues**. Storage for appointment letters and reports which can be grouped by Specialists . Medication charts and scripts and reports.

These folders will be delivered for you to collect from your school, they are free of charge, to help make you and your child's journey a little easier, and keep information for future reference

**Register for  
one today!**



For more information or to request a folder contact: NSLHD Carer Support Service by  
Email: [NSLHD-Carers@health.nsw.gov.au](mailto:NSLHD-Carers@health.nsw.gov.au). Or phone 9462 9488 during business hours

We keep Carers connected through our internet and Facebook please join us

Facebook: [www.facebook.com/NSLHDcarersupport/](http://www.facebook.com/NSLHDcarersupport/)

or Website: [www.nscarersupport.com.au](http://www.nscarersupport.com.au)

*Our goal is to create an environment that recognises,  
respects and values Carers as Partners in care with Health*



**Health**  
Northern Sydney  
Local Health District

# Get active each day

Being active helps us stay healthy. Find lots of ways to be active each day.

## HOW MUCH ACTIVITY SHOULD KIDS DO EACH DAY?

Toddlers 1-2 years Preschoolers 3-5 years

**3** hours active play across the day

- Standing up
- Moving around
- Active toys

School age 5-12 years

**1-3** hours physical activity across the day

Be active so your breathing and heart beats faster:

- fast walking
- riding a bike or scooter
- playing sport



Source: Australia's Physical Activity and Sedentary Behaviour Guidelines and Australian 24-Hour Movement Guidelines for the Early Years (Birth to 5 years)

## TIPS TO GET KIDS ACTIVE

Babies need 30 minutes of tummy time each day. Encourage them to crawl.



Toddlers can walk instead of using a stroller



Walk, ride a bike or scooter to school



Choose toys that help kids move

Limit screen time each day. Choose active play instead



Encourage kids to try a range of sports



Look for lots of ways to be active each day



Show your kids you like being active too



Outdoor play is best. Keep active indoors when it's hot or raining

This resource has been developed by Western Sydney Local Health District, published June 2021

TWJLHD: SHPN 210219



**HEALTHYEATING  
ACTIVE LIVING**