



Sir Eric Woodward School

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Sir Eric Woodward School newsletter

Term 3 2019

Week 4

15th August 2019

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Principal's report

Term 3 is well underway and we are busy as usual at SEWS.

Last Friday we opened our classrooms for Education Week 2019. We highlighted the importance of students shaping their educational journeys through the theme 'Every student, every voice'. Each class invited visitors to join their child in student led activities that demonstrated how student voice can be used to build respectful relationships and have a positive impact on student wellbeing. I thoroughly enjoyed watching Class 1's design and build project; it was great to see them lead their families through their hands-on project. What wonderful imaginations they all have! Class 3 demonstrated their skill, making code with the micro:bit. Class 4 showcased Seesaw and made some damper as part of a science investigation. As always, I was so impressed by our students demonstrating their commitment to learning, and by our staff who find new and interesting ways to support that learning every day. Of course for our DESU families they are involved in their child's learning each and every day as they implement the creative and individual teaching and learning programs designed by our committed staff.

At the end of last term we were in the process of migrating to the Department of Education school website platform. We are now live with that website offering up to date information on SEWS as well as general information about the NSW Department of Education. The website address is <https://sirericwoo-s.schools.nsw.gov.au>. I am sure you will find it informative and easy to navigate.

As you know we trialled a pop up canteen at the end of last term. It was a great success. Our students enjoyed purchasing food items and Class 3 were outstanding in their organisational role. We look forward to our next pop up canteen later in the term. A great big thank you to those students who used their voice to make this suggestion and who helped make the pop up canteen run so smoothly.

DESU field trips are well underway for Term 3 with teachers out and about across NSW. We have students far and wide with staff travelling to places like Cooma, Broken Hill, Dubbo, Bonalbo, Wellington, Bingara, Casino and Wagga as well as across Sydney. These field trips allow time for real time teaching and hands on assessment as well as lots of fun spending face to face time with our students.

During the school holidays our new school roof was installed. It looks fantastic! Additionally, work on the installation of our new COLA has begun. We can't wait to have this amazing outdoor learning space available to use. Shortly, we will be adding a shade sail to our Cab-ra-nanga playground to provide cover over our playground equipment. This should be installed just in time for the weather to warm up. We have also planted a flowering gum in our Cab-ra-nanga playground that was generously donated by Bunnings Belrose for National Tree Day.

Recently we have purchased some fabulous trikes to support our PDHPE and physio programs for our students. You may have seen some photos and video on Facebook and Seesaw but if not I'm sure you will agree that these trikes are a winner! The smiles say it all. We would like to thank Nazreen and Namita as well as St Ives Lions Club for their generous donations that allowed us to purchase these great trikes.

Sian



Yash ready to cruise on the new trike!



Dan loving his time on the new trike!



DESU student Ned working on his sight words on a recent field trip



Heath showing mum what to do during Education Week!

Deputy Principal's report

I have returned to relieving as the SEWS Deputy Principal this term from Weeks 1 to 5; Charlotte Matthias will be in the seat in Weeks 6 to 10. Thank you to staff and families for tolerating the change from 'normal' that this inevitably entails!

It is a busy time of year in the DESU as teachers head out for Semester 2 visits to see all of our students, to complete assessment and to plan for student learning for Terms 3 and 4 2019. I have recently returned from a five day trip to visit three of my students – see my class article in this newsletter. It really is fabulous to physically 'touch base' with students, and to talk face to face with tutors, carers, family members and other personnel supporting quality teaching and learning.

In the midst of all the teacher movements this term, as teachers visit students throughout the state, the DESU is holding annual student placement review meetings next week. This is our annual review to determine that the DESU remains the optimal learning setting for a student. We also have a whole school half day varied School Development Day session next week where our SEWS Speech Pathologist Prue Clubb will be leading our teachers and SLSOs in theoretical and practical training to further develop our knowledge and use of keyword signing. This will be really beneficial hands-on learning to further support the communication needs of our students across the school.

I would like to welcome our new students Eve and Ashainte to the DESU. Eve is in Nicole's class, and Ashainte is in my class. The DESU Term 3 state placement panel will also be meeting next week; we hope to be welcoming new students to the DESU following this process.

We have recently been advised that our application for a Personal Development, Health and Physical Education (PDHPE) grant from the Department's Learning and Teaching Directorate has been successful. Grant funds will be used to develop a whole school video and support material resource which we have called 'Look good, smell good, feel good'. This is very exciting news – thank you to Sharon, Nicole, Rama and Jackie for making this happen!

Further exciting news in the DESU is that the Work Education team has produced a video and support material resource under the Department's School to Work Initiative 2019. This funding enabled the team to create an 'Essentials of Employment' resource that can be used by students across the school. Thank you to Sharon, Mel and Jackie for your hard work in bringing this project to fruition!

Lastly, I would like to say what a pleasure it has been to be sitting in Sian's seat again as relieving deputy principal. It has been fabulous to be able to have more opportunities to spend time with our face to face students, and to see firsthand the great teaching and learning that is happening across the entirety of our school (and to repeatedly witness the SEWS 'can do with a smile' attitude).

Louise S



Class 1 welcoming our visitors for Education Week



Tom showing Grandma how to use a micro:bit in our open classrooms



Sir Eric Woodward School Fun Fair, Friday 20th September 2019

birthdays



Happy birthday to Nathan O, Leah, Cameron, Daniella, Izack, Nathan J, Joshua J, Kai, Isabella

Sir Eric Woodward Fun Fair 2019

Come and join SEWS staff and students

Friday 20 September 2019

For a day of fun

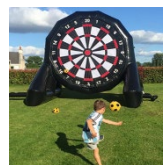
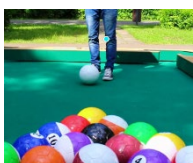
10.00am to 1.00pm



The day is **FUN**, **FREE** and a chance to spend some **exciting time with your child and to meet other parents and members of our school community**

The day will include lots of fun activities including games (think Snookball, Kick'n Darts, arcade games, team games), food, an animal nursery, door prizes for children, an Asquith Boys High School Band performance and a sausage sizzle lunch (vegetarians catered for!!!)

Come have a free fun packed day at SEWS



Doug's class

All our students continue to experience achievement in their personal learning programs this term.

Harry has engaged with many activities since the last newsletter. He has been playing a modified game of dominoes by matching rhyming words, coactively reading his books, and researching trapdoor spiders by using Siri to spell the words and then typing them in to his laptop. Nice work, Harry!

I was fortunate to visit Nathan earlier this term to review his Personal Learning Plan and work towards a supported transition to post-school activities. Nathan has been producing some excellent work in the form of Book Creator projects using his iPad. He shared his knowledge of open cut mining with me, and we then decided to make this the topic for his next project. Awesome job, Nathan!

Jayden has been participating in more hands-on activities as part of his school program this term. The photo below illustrates some of the sight words that Jayden has learned. He has done a super job of increasing his word bank related to parts of animals, cars and motorbikes. Most days, Jayden participates in activities to promote his independence. He often cooks eggs and waters the plants in the garden. Well done, Jayden!

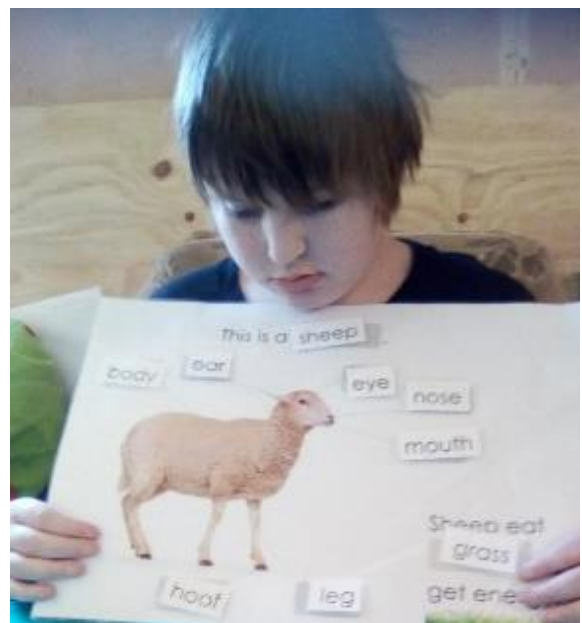
I also visited Andrew earlier this term, and was very impressed with his progress. In addition to improving his literacy skills, he has commenced a part time job! Andrew also participated in planning his Personal Learning Plan for Semester 2. It was a beneficial and positive experience for Andrew to participate in the planning meeting for his future learning activities. It provided an opportunity for him to negotiate some changes to his program. Great work, Andrew!

Congratulations to all our students and tutors who continue their commitment to kick our program goals!

Doug



Nathan participated in his own transition plan



Jayden has learned lots of words

Class 6

Class 6 are extending their knowledge of their personal history by studying English, history, geography and culture. Already we have made a cityscape of London, including exploring Big Ben and the London Eye. Last week we had so much fun with our PLC volunteers, who helped us develop characters, plot and a script for our very own Shakespearian inspired performance. Students took on roles of a court jester, guards and queens who dueled each other for the crown. Class 5 & 6 performed their concert for our SEWS students.

We have also had fun getting back into some of our favorite activities: hydrotherapy, mobility activities and our technology programs are always a hit with Class 6 students.

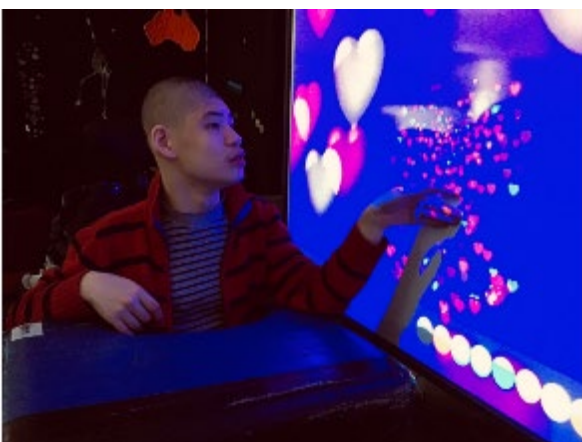
Sarah, Sandy & Sophie



The battle of the crown... the hilarious court jester and reigning queen champion



All the gang is together... Class 6 photo ☺



Nathan engaging in his technology program, using LightBox on the interactive whiteboard



Brooke loves sensory touch during Tacpac activities

Charlotte's class

Chris has returned from representing Australia at rodeo competitions in the United States. He finished 6th in the High School Finals in North Dakota during the school holidays, this is an improvement from his 9th place last year and he did this on the strength of just one ride scoring a massive 83 points! Chris also rode at the Youth Rodeo Finals in Texas and came 5th overall. There is no doubt Chris is a world class athlete. While in the USA, he also visited seven states - an amazing achievement for any 17 year old.

Nikolina is looking glamorous in her photo below; I'm excited to see her this week as I test out the new look Personal Learning Plan document with her tutor. I'm determined that this is the semester that we achieve our goal to get Niki to independently drink from her popper bottle!

Katana has been out and about to Dubbo after a 'bumpy Monday'. Being Katana she is always positive. She really loved making and touching her penguin artwork, I was so impressed with this artwork it received a Deputy Principal Award!

Charlotte



Nikolina dressed ready for the ball



Katana's amazing artwork

Karen's class

Term 3 is racing along and all my students have been diligently working towards their goals. I had the pleasure and privilege of visiting three of my students at the beginning of the term. I am so proud of their achievements to date.

Justin has been working on increasing his independent living skills and is really putting in a solid effort. He is assisting with cleaning around the house, food preparation, loading the washing machine and hanging out his clothes. He is accessing the community on a daily basis, enjoying picnics in the local park, shopping at the mall and going to the local club for lunch. I also had the opportunity to meet with a number of Justin's support workers and tap into their expertise and knowledge of Justin's learning needs to develop Justin's Semester 2 program.

Jules and her mum welcomed me, as always, into their home. I had the opportunity to sample some of Jules' culinary creations: savoury chicken mince pasties and chocolate cake. I won't say how many of the pasties I ate but they and the chocolate cake were delicious! I showed Jules how to use Book Creator and she was making books in no time at all. Jules has since independently created three more books using the knowledge and skills she acquired. Great work, Jules. We also had the opportunity to go out for lunch to a local bistro where Jules very competently ordered for everyone, sourced cutlery and serviettes for us, and collected the food when it was ready. Thank you to Jules and her tutor for their wonderful and warm hospitality.

Seth participates in regular occupational therapy sessions. According to his mum he always works very hard, carefully listening to and following all the instructions. He also has lots of fun climbing and jumping.

Karen



Seth climbing and jumping



Jules' scrumptious savoury chicken mince pasties

Class 3

We were all very excited to return to school for Term 3 to begin CODING! The BBC micro:bit is an amazing tool for discovering basic coding and electronic concepts. With 16 LEDs, two buttons and an accelerometer and more, built in alongside the tiny processor, it's amazing what can be done!

Class 3 boys have begun to explore the concepts of sequencing commands, building programs for each cute little micro:bit that include button presses, shake and 'forever' loops. Favourite accomplishments so far include displaying a repeated message and showing a variety of funny faces in response to pressing one button at a time or both buttons together.

Last Friday, the students used the coding blocks to program the micro:bit to be used as a dice for a maths game. This involved many steps and adjustments, which everyone was able to achieve with the assistance of their family visitors and Nicola from PLC. The boys were delighted to show everyone how the micro:bit worked. We will continue to build more challenging codes throughout the term. There's even a plan to make a robot!

Ms Lee & Ms Jennie



Thomas built his code



Joshua downloaded the file



Ethan checked the LEDs on his micro:bit



PJ shared his coding results

Melissa's class

Welcome back for Term 3! Now that it is Week 4 we are well and truly into the Set work for the term.

Logan has completed his online course, Microsoft Paint 3D, in record time and made some wonderful creations. I have included one of the pictures that he designed using the program. Logan also continues to work hard to complete his English and maths Set work and as a result we are seeing some tremendous achievements.

Alicia has also started the term off with enthusiasm and is particularly enjoying using her school iPad to support her literacy and numeracy program. I can't wait to see Alicia in action using the iPad! Alicia has also been so busy celebrating with her family for her niece's birthday and christening.

Ethan my newest addition to the class has settled well into the DESU program. Ethan is an avid reader and loves poetry! At the moment Ethan is enjoying reading Dogman by Dav Pilkey and Weirdo by Anh Do. Ethan is also a keen scientist and, as shown in the photo below, seemed to really love the erupting snow investigation!

Melissa



Logan's 3D paint creation



Ethan and the erupting snow experiment

Dawn's class

Business as usual while Dawn is on leave...we have continued the programs Dawn prepared and are on track for a great term.

Izack has amazed us with his visual art skills. With his new watercolour set, he is creating a beautiful textured artwork on canvas for his Pa. He is working hard on his maths and English skills, improving in all areas including money, number, time and reading. He is also teaching me a thing or two about nutrition, including how gelatine is made. No more marshmallows for my family!

Nadine has been a pleasure to chat with during weekly REACT sessions. Nadine always has something interesting to show or tell. She is practising her money skills in a very practical way at the local markets, selling her mum's candles in order to buy new toys. A great activity reinforcing the fact that money doesn't grow on trees. Nadine is working hard on her sound recognition and counting skills and is enjoying reading a wide variety of books.

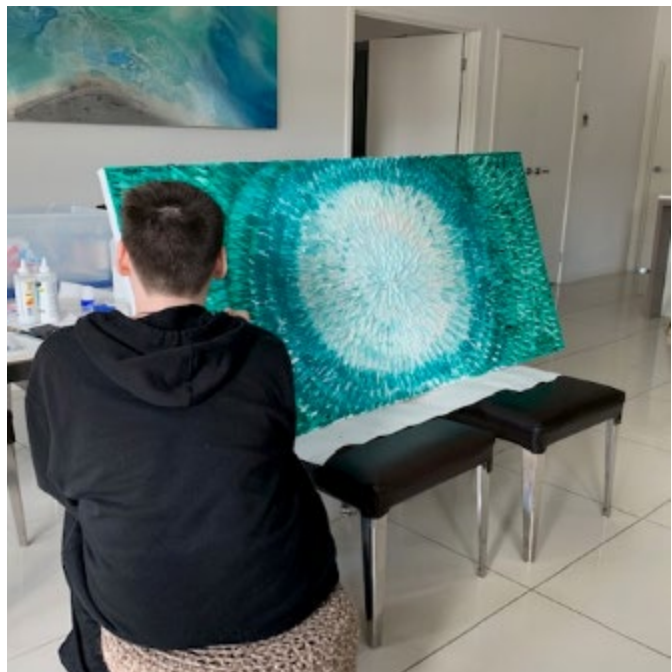
Ben is proving to be very handy in the kitchen, successfully cooking a variety of dishes with his Dad. It seems like there is nothing they cannot create. Ben is a very hard worker and gets through a lot of challenging maths and English work. He has created some very insightful poems, including a lovely ballad about his RPM teacher Soma.

Congratulations everyone, including the tutors, for working hard towards achieving student program goals this term.

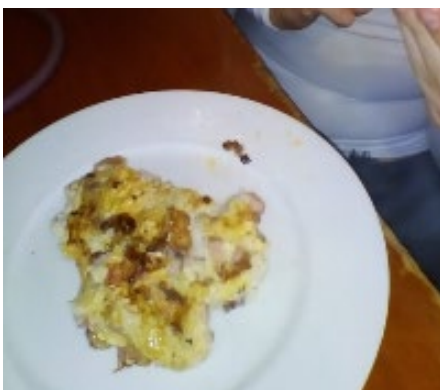
Linda



Nadine selling candles at the local markets



Izack working on his textured artwork



Ben's Master Chef creation: a bacon omelette

Deborah's class

Welcome back to students and families after the school holidays. I am looking forward to working with you all again, in what should be a fun Term 3.

It was great to visit Tommy in Week 2, especially seeing him dressed as Spiderman for Superhero Day! During my visit, Tommy demonstrated how closed circuits work in science to assemble models of a walking beetle and a piano that plays music.

It was also fun to visit Bethany in Week 3, and to see her enthusiastically engaging with her community during her regular access activities. Bethany has been participating in paper crafts for visual arts and languages, making Chinese fans and a dragon.

I am looking forward to visiting Ramona this week.

Deborah



Tommy on Superhero Day



Bethany enjoying feeling textures



Tommy assembling his walking beetle



Bethany and her Chinese dragon

Nicole's class

This term I am busy visiting all my students on field trips all over NSW. Field trips are great opportunities for me to gain more insight into my student's strengths and interests along with doing a range of informal and formal assessments.

This term I would like to welcome Eve to my class. It was wonderful to recently meet Eve. Eve has a great sense of humour and an infectious laugh, especially when listening to people with different accents. It was also great to have the opportunity to observe Eve at a hydrotherapy session which looked very relaxing!

Earlier in the term, I also visited Jayden. During my visit to see Jayden, I was lucky enough to be given a guided tour by him around his local zoo. Jayden initiated a great conversation about Australian animals, and we discussed and compared animals that we had seen in the wild. He also had the opportunity to hold a snake while at the zoo and he wasn't even scared (like I would be)!

I will be heading off across NSW again this week to visit Chris and Cruz and I am looking forward to seeing Chris' awesome maths skills in action.

Nicole



Jayden the Brave



Eve loves her cause and effect toy dog



Chris loves maths

Class 5

Class 5 bade a fond farewell to the wonderful Clare and welcomed Lisa and Christine as Class 5 teachers for Semester 2.

Exploring England, a focus area for this term, to compare the experience of an English student with that of a young person in our own country has produced some very creative artwork. Stonehenge, that iconic prehistoric monument, has been captured to perfection in a series of collages.

In science, students have participated in investigations to demonstrate that all living things need water, and that yeast, when kept warm and fed sugar, is an organism that grows and makes a gas which can blow up a balloon secured on top of the yeast container!

Telecaster, Oliver and Yash have all experienced great joy and success riding our new school bikes around Cab-ra-nanga, where we have established a small sensory garden of herbs and flowers. Our week with the PLC students was filled with fun and laughter, culminating in what can only be described as an absolutely brilliant puppet show. On their final day at school, the PLC girls supported us in making our own paper plate puppets. We had a great week!

Lisa, Christine & Tanya



Yash stirring the yeast mixture



Oliver enjoying a ride!



Ancient Stonehenge



Fabulously fantastic paper puppets!

Amanda's class

Toby has been busy cooking up a storm in the kitchen this term. He has been actively participating with his support workers in all parts of the shopping preparation and then the cooking itself. He has made some yummy food such as chocolate chip banana bread, rocky road and corn fritters. Keep up the great cooking Toby!

Ray has been helping his support workers make breakfast. He likes Weet-Bix and milk. He pours some milk over the Weet-Bix and drinks the rest. Sometimes he helps the workers make coffee. Well done for being so helpful in the kitchen Ray.

Jacob has been working particularly well in maths and technology. He built a robot and dog using his new construction set. He enjoyed screwing the pieces together and seeing how the different parts moved. Jacob has also been comparing the mass of different size weights using a set of balance pan scales. Excellent maths and technology hands-on learning Jacob.

Kayla loves art and often has two projects on the go at once. The work below included roses copied from a picture on her mum's phone, and water with pebbles seen on a video. Kayla finished the work by gluing on some fairy pictures with her mum's help. Beautiful artwork Kayla!

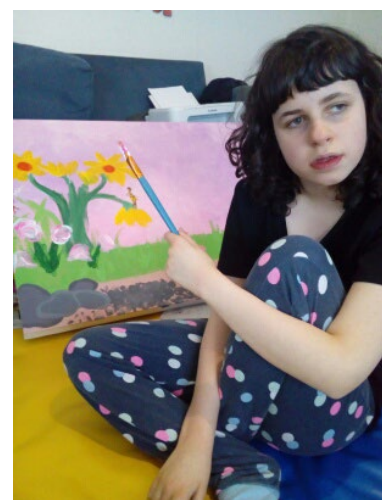
Amanda & Kiri



Toby cooking yummy corn fritters



Jacob building a dog



Kayla's art project

Sharon's class

Term 3 has been action-packed with visits to students. It has been rewarding to work together with tutors, review current Personal Learning Plan goals and identify suitable goals for the remainder of the year.

The term commenced with a visit to Ethan in Week 1. Ethan demonstrated his success in the community and at home. I was impressed with his listening and speaking skills. We had some fabulous conversations where Ethan was able to answer my questions about his learning, as well as how he stays safe at home and in the community. He has engaged well in program work and enjoyed practical activities like digging for fossils and discovering gems!

I was most surprised on Ethan's visit to bump into ex-student Jen. Jen was full of smiles as she told me about the post-school services she is accessing. It was a very brief chat as she was running off to participate in a Zumba class. It is always exciting to hear what our past students are doing!

The field trip to Leah went extremely well and it was a most productive two days where I observed Leah engaged in many activities, including personal care tasks, using her hands to explore textures and successfully making choices using visuals.

Leroy is continuing to prepare himself for post school life. He has been a great help around the home engaging in conversations and assisting family members to prepare meals. Leroy was keen to speak with me on the phone, chatting about his 18th birthday and his present: a new computer!

I look forward to my visit to Sharif next week.

Thank you to my students and their families for welcoming me so warmly into their homes.

Sharon



Fossil digging kit



Gems!!!



It is always wonderful to catch up with old students

Class 4

It is hard to believe we are approaching the half way mark of another memorable term. All the students in Class 4 returned ready and, most importantly, enthusiastic to learn. All students are doing their best to follow the school's PBL expectations of being safe, respectful learners.

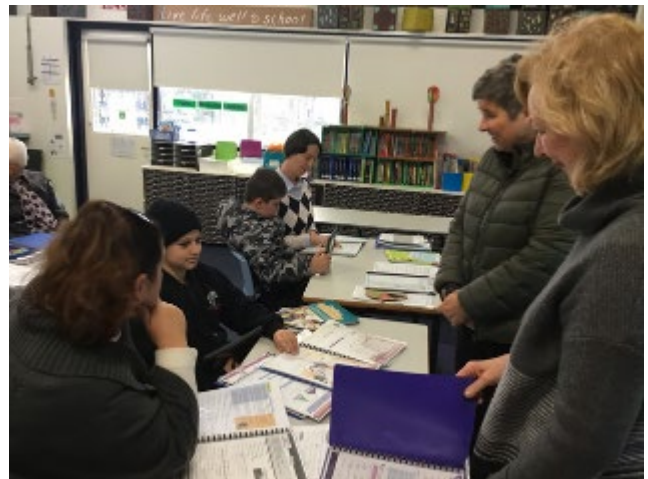
During Week 3 we had Hannah from PLC with us. She was both delightful and helpful. Hannah and the other girls prior to their stay with us did fund raising to organise a puppet show presented by the amazing and talented 'Puppetease'. For those old enough to have watched Mr Squiggle on the ABC, the puppeteer was 'Mr Squiggle'. The students all enjoyed the fast-paced show and will be creating finger, hand and other forms of puppetry from the show.

Of course the highlight of the term so far was Education Day, with this year's theme: Every student, every voice. Utilising Seesaw, students had their first opportunity to choose and voice what they were most proud of in terms of choosing work samples to reflect upon. All parents can be proud of the effort each and every student displayed.

Sue & Paula



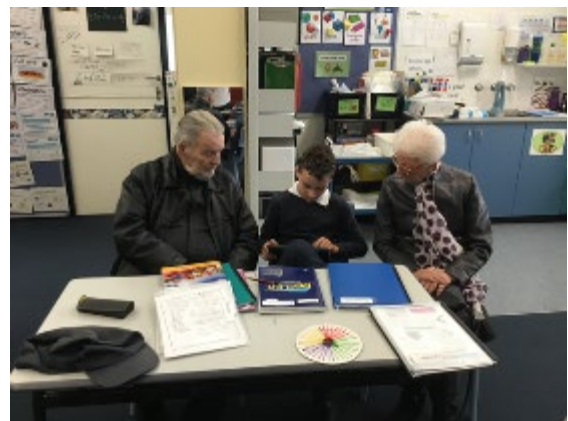
Hannah from PLC lends a hand



Sian visits Class 4 during Education Day



Tadhg and Hayden working together on an yeast investigation



Two very proud grandparents

Barbara's class

I'm looking forward to visiting Alex this week and seeing her use the new chair that enables her to sit up with greater support. This new positioning will help Alex to feel relaxed and secure while not in her room, allowing her to work on her independent feeding skills in the dining room with the rest of her family.

It was wonderful to visit Azra again last week and see the progress she is making. During the visit her tutor, speech pathologist and I discussed her upcoming assessment for eye-gaze technology. Azra focuses and communicates well with her eyes, so it would be very exciting if a trial was recommended.

I had a busy but enjoyable visit with Georgia a couple of weeks ago. It was great to see how well she coped with her full schedule of community activities. Over the two days we attended a physiotherapy session in a therapy pool and a music therapy lesson, both of which were followed by lunches at new venues. Georgia focused and communicated well throughout and enjoyed new healthy choices of steamed dumplings and falafel with hummus.

Jacob is continuing to work on his social skills and conversation skills by making an effort to go out to local services and community events. This weekend, Jacob braved the icy weather to attend the Aroma Festival. Despite having no interest in the focus of the festival – coffee and chocolate – Jacob was still able to enjoy the event because it included a number of live musical acts.

Barbara



Alex trying out her new chair



Jacob enjoying the Aroma Festival



Azra focusing on a musical tin



Using the rail after a prompt

Class 1

Term 3 started with all the boys ready for action from Day 1! During the first week, we got our hands dirty planting a brand new tree in the playground. The boys got all excited about digging around and finding squirming earthworms. It caused so much joy that we decided to clear out our old vegetable garden and plant some new carrot seeds.

Week 2 ended with us all dressed up like superheroes. We had Supergirl, Superman, Batman, Catwoman, a Storm Trooper, Kylo Ren, a Transformer and Ironman.

In the third week we had two lovely young ladies from PLC, Steph and Lizzie, visit us for a whole week! We all loved having them around and will surely miss them. They teamed up with Class 5 and 6 to prepare a play for us to watch (which even had some sword fighting). They also organised a real-life puppet show for all the students and some puppet-making activities for Friday afternoon. It was truly amazing!

For Education Week, we decided to share a solution fluency project (as reported in our last newsletter) with our parents. We all built something magnificent based on the book, 'The Most Magnificent Thing' by Ashley Spires. The boys were extremely engaged and did a marvellous job. It was great seeing everyone work together so closely and we look forward to some more opportunities to share our learning experiences.

Nina & Anita



Planting a tree...and finding worms!



How long before we see some carrots?



Making puppets with Steph and Lizzie



Our Magnificent Things

Class 2

This term Class 2 students are learning all about how to reduce waste to save our planet Earth. We have sorted a variety of rubbish into categories of what we can recycle, reuse, compost and finally throw away. In week one we collected all rubbish without any sorting or recycling to collect data on the weight of the waste we were sending to landfill. At the end of the term, we will do a comparison to see how successful we have been in reducing our waste and how much we have learnt!

Class 2 students have reused waste in a number of creative ways. We have made number posters with empty food packets, used plastic bags and caps of yoghurt pouches to create jellyfish art, and created an amazing theme door with newspaper and 'rubbish'.

Last week Daniella celebrated her 9th birthday and her Class 2 friends experimented with a pie maker to make cupcakes. Happy birthday Daniella!

Jo & Trish



Daniella places the food waste into the compost heap



Class Two sort the rubbish!



PLC student helps Ariel and Daniella to make puppets



Ariel is very happy with her playdough shape!

Rama's class

We are already in Week 4 and my students have been working very hard on their programs.

I visited Tyson and his supportive family earlier this week. Tyson enjoys trampolining and showed his expertise doing leaps and bounds on the trampolines at the indoor trampoline centre. He used the Clips app on the iPad to create a video. Tyson chose photos of himself trampolining, inserted music, added emojis and filters and did a voice over to create the video!

Mohamed celebrated his birthday at the end of last term by going to the movies. He watched the movie Spiderman at his local cinema complex. Mohamed enjoys his vocal music lessons and I'm looking forward to hearing him sing when I visit him later this week.

I visited Isabella and her lovely family earlier this term. Isabella welcomed me into her home and showed me the Pointillist style painting that she had painted. She is learning about the constellations and happily shared her knowledge of the Milky Way. Isabella is very adept with digital technology and can use the online translator to translate a word or a sentence that she doesn't understand. Isabella followed instructions to make a beautiful dream catcher. Isabella knows the strategies and breathing exercises to employ when she is feeling anxious. Isabella has been developing her life skills and helps at home by cooking, vacuuming, unloading the dishwasher and hanging and taking down the washing.

Fionn is preparing for his post school transition by looking into possible work placements next year based on his interests and skills. He is interested in mushroom farming and is researching the moisture, temperature and nutrient requirements to grow mushrooms. Fionn visited mushroom farms with his NDIS mentors and explained how mushrooms are cloned. He went panning for gold and made a costume at a leather factory. He is also interested in coal mining and during the holidays, donned the gear of a coal miner and listened to instructions before going down the shaft in a coal mine. Fionn compared the temperature at different locations in the mine. He is also completing all the requirements of his SVET course and has made a new friend at the local high school!

Rama



Tyson using the Clips app on the iPad



Isabella made a dream catcher



Fionn made a leather costume

Louise's class

I have just returned from a visit to three of my students. The visit included lots of assessment, and talking and planning for learning in Semester 2 2019. My mega tour of northern NSW started with a visit to Rhiannon at her home. It was great to speak with Rhiannon's tutor to talk about Rhiannon's learning program. Rhiannon was very bright and chatty on the day. She was sporting a very cool new hairdo, and was keen to show off and talk about the many colours.

The next leg of my NSW tour took me to see Summer at her home and in the community. Summer showed me her great orientation and mobility skills to negotiate her way around her yard and the main street of her town. Summer also showed me how she uses her daily planner, she expertly read sight words and I really enjoyed listening to her read a fabulous recount that she had written. Summer also showed off her knowledge of counting and adding numbers. Summer always puts 100% effort into everything that she does. This certainly was true when we went to the local library where Summer enjoyed chatting to the librarian, choosing a book to borrow and even had a go at using the brand new self-service book checkout machine. It was great to follow this with a visit to a café and a chance to meet Summer's occupational therapist. At home we were able to work through some technical issues to access REACT so that Rhiannon and her tutor can use this software for future real time lessons with the DESU teacher. The teaching and learning potential of this tool is very exciting!

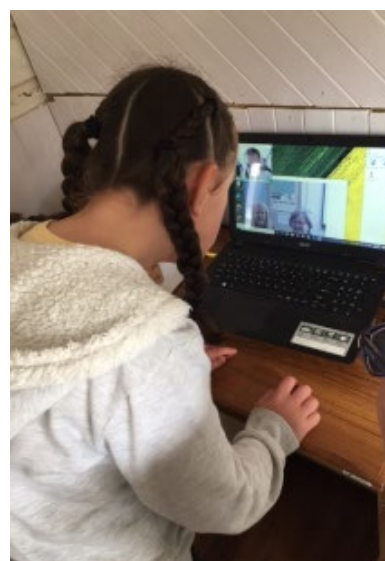
The last leg of my tour took me along a not too well worn route to a piece of paradise tucked away in a beautiful valley. After driving at a snail's pace to negotiate the road and the wildlife I climbed the driveway and was welcomed by Ned and his dogs. Ned greeted me with a firm handshake and a 'how are ya mate'. Ned was very keen to show off his terrific reading skills, demonstrating his sight word knowledge. Ned also showed off his maths skills and how he uses his knowledge and skills in lots of functional ways at home. Ned did an outstanding job to prepare a wrap for lunch and to present it in halves so that it was easy to eat (and delicious!). We finished off the day by playing memory and Uno. I was really impressed that Ned did not have to win and just took immense joy from participating – a lesson there for all of us! On the final day of my road trip, I met Ned and his family in town and we talked about Ned's educational goals and his program for Semester 2.

Thank you to my students and their tutors and families for making me so welcome and allowing me to invade their lives during the week!!!

Louise S



Ned is a fabulous cook!



Summer meets Carolyn and Amanda

via REACT

Live Life Well @ School

FRUIT & VEG MONTH 2019



Captain Fruit n Veg is on a mission!

Fruit & Veg Month is all about linking eating fruit and veg with good times, superheroes/powers and adventures! Many schools will be supporting kids to eat more fruit and veg.

Fruit and Veg Month

Monday 2nd September
- Friday 27th September

Try to sneak a few extra vegies in the lunchbox or meals at home.

- Add chopped/grated veg in meals
- Keep cut vegie sticks in the fridge
- Offer variety—it can take some kids up to 10 tastes of a veg before they come around

Did you know? Only 5% of Australian children and adults eat enough fruit and veggies.

For more ideas,
search 'more fruit and vegies'
at healthykids.nsw.gov.au



Health
Northern Sydney
Local Health District



HEALTHY
LUNCH
BOX

The simplest way

... to pack a healthy lunch box

The average school child will eat more than 2,500 lunches during their 13 years at school.



Cancer Council's website healthylunchbox.com.au is a one-stop-shop for everything families need to know about packing a healthy lunch box.

Parents will find information on the five food groups, what constitutes a healthy lunch box, sandwich alternatives, sandwich filling ideas, snack ideas, swaps for unhealthy snack foods, recipes and tips. The website features an [interactive healthy lunch box builder](#) where parents can get their kids involved in planning the lunch box and choosing foods they will eat and enjoy.

healthylunchbox.com.au



CAN'T BE SERIOUS?

Don't  risk it in School Zones!

U-turns are especially dangerous around children. Children are at risk because U-turns are an unexpected manoeuvre and they cannot respond quickly to a sudden change in traffic conditions.

Performing u-turns within a school zone can be dangerous and difficult to manoeuvre.

An alternate route should be taken to avoid U-turns.



A road safety message from Ku-ring-gai Council



**ADHD SUPPORT
AUSTRALIA**

Louise Remond, Kidman Centre, UTS
**An Introduction to Ross Greene's Collaborative & Proactive Solutions Model:
A Framework for Understanding & Managing
Challenging Behaviour in Children**

**Followed by FREE screening of
The Kids We Lose
documentary by Ross Greene**



Collaborative & Proactive Solutions (CPS) is an innovative treatment developed by Ross Greene from Harvard Medical School, designed for families of behaviourally challenging kids and teenagers where parent/teacher and child work together to identify situations where something is getting in the way of the child doing well, and then collaborate on how to overcome them and find durable solutions.

Louise Remond is a clinical psychologist with experience in a number of clinic, health, community & university settings and works with a range of adults, teenagers and children in individual therapy. Louise presents to school students on managing stress, has co-authored several books and has developed and presented seminars covering a variety of mental health and well-being subjects for professionals, teachers and the general public.

The Kidman Centre at UTS is a mental health treatment and research unit specialising in evidence-based treatments for children, teenagers, young adults and their families and is Australia's first accredited Collaborative & Proactive Solutions (CPS) clinic.

Tuesday, 27th August 2019 @ 6.15-9.30pm

Pittwater RSL, The Auditorium, 82 Mona Vale Road, Mona Vale
\$15 + booking fee

Ticket reservations & more information via the website

Attending Louise's talk will contribute 90 minutes and the screening will contribute 90 minutes of NSW Education Standards Authority (NESA) Registered Professional Development addressing 6.2.2 from Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.



**Australia Day
Awards 2019**



**Outstanding
Community Service Award**

www.adhdsupportaustralia.com.au
Email: vivian@adhdsupportaustralia.com.au
Facebook Forum: [ADHDSupportAustralia/](https://www.facebook.com/ADHDSupportAustralia/)
Facebook Page: [ADHDSupportAustralia/](https://www.facebook.com/ADHDSupportAustralia/)
www.instagram.com/gutfulofadhd



Venue kindly sponsored by
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